

Term 3 Week 3

Tuesday 6th August 2019.

## Gold Bar 3 - Harry

**H** – hilariously funny  
**A** – Amazing at sport  
**R** – Rambunctious  
**R** – Rad and cool  
**Y** – Young and Funny

Harry is a great mate and has represented our school in so many sports such as swimming and soccer. Harry has a kind and loving nature and is a bit mischievous, as most of his teachers would know. Altogether, Harry is simply a top bloke, is clever and is a great friend to have. Congratulations champ!



## Recognising Our Great Students

Congratulations to the following students who received merit awards at yesterday's K-6 Assembly:

**Bronze:** George, Adam, Eligh, Archie, Cooper, Hollie

**Silver:** Lachlan

**Gold:** Skye, Louis, Amelia, Cameron, Ben

**Gold Bar 1:** Frida, Kiara, Alex, TJ

**Gold Bar 2:** Jessica, Ella, Riley

**Gold Bar 3:** Harry



## Father's Day Stall

Milton Public School P&C Fathers Day stall will be held on Friday 23<sup>rd</sup> August. Children will be able to purchase a gift for their dad, Grandad or someone they look up to. It is a special opportunity for the children to express their gratitude for being a great role model throughout the year. The stall runs from 9:20am until 11:30am. Each class will attend the stall and children can choose the gift they'd like to give their dad. Please send your child with \$5 to buy a gift. Students may purchase two presents if they wish. We would like to be able to wrap some of the more fragile gifts in bubble wrap. If you have bubble wrap at home that you would like to donate, please send it in to the school office. Also if there are any parents who are willing to help out on the stall on Friday, 23<sup>rd</sup> August, your help would be greatly appreciated. Please leave your name with the school office.

## WHAT'S HAPPENING THIS WEEK

### WEDNESDAY

- Year 5 UHS Education Week excursion
- Tennis Coaching—3C, 3/4D
- Scholastic Book Club issue 5—orders due
- K-2 Frolic

### THURSDAY

- Open Day / Grandparents Day
- Tennis Coaching—4P

### FRIDAY

- Tennis Coaching—1F
- Stage Assemblies : K-2—12:20pm  
Years 3-4—1:55pm
- No Concert Band lessons today

### MONDAY

- K-6 Assembly
- Tennis Coaching—1T

### TUESDAY

- School Banking—Bendigo Bank
- Tennis Coaching—3H

## COMING EVENTS

**PSSA Touch Football KO**  
Tuesday 13th August

**Fathers Day Stall**  
Friday 23rd August

**PSSA Tennis KO Finals**  
Monday 26th August

**Kindergarten Zoo Excursion**  
Wednesday 28th August

**Year 6 Canberra Excursion**  
August 28-30

**Year 5 Berry Camp**  
September 2-4

**Regional Athletics Carnival**  
Friday 13th September

**P&C Fete**  
Friday 20th September

## Education Week 2019

The theme for Education Week 2019 is 'Every Student, Every Voice' and we will once again be celebrating at Milton Public School with a tree planting day, an Open Day / Grandparents Day, K-2 Frolic and a mentoring day at Ulladulla High School for our Year 5 students. We are looking forward to welcoming family and friends to our events.

### K-2 Frolic 'Disco Fever'

Starting promptly at 6:00pm at the Ulladulla High School hall, the Frolic is a fun night held for K-2 students where they perform dances for their parents that they have learnt throughout the year. We look forward to seeing students in their disco clothes.



### Open Day / Grandparents Day

We will be holding our Open Day / Grandparents day on Thursday 8th August—11:00am to 1:55pm.

We are looking for donations from our school community to assist with some games for Grandparents Day. We would be extremely grateful to anyone who could provide us with horse shoes, knuckles/knuckle bones or elastics. If you could send these in to the front office and/or given to Jason Barby, it would be greatly appreciated. We would also appreciate donations of cakes or slices to be sold from the canteen at recess and lunch. Plates were sent home with students last week and can be sent directly to the canteen on Wednesday afternoon or Thursday morning.

We are also looking for volunteers to help with the canteen—preparing, cooking and selling, as well as helpers for the Photo Booth. We're using SignUp.com to organise volunteers for Grandparent's Day.

#### Here's how it works in 3 easy steps:

**Click this link** to go to our invitation page <https://signup.com/login/entry/373904200073>

**Enter your email address:** (You will NOT need to register an account)

**Sign up!** Choose your spots - you will receive an automated confirmation and reminder.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact the school and we can add you manually.

### Book Fair

Public School invites all parents and grandparents to visit our Library Information and Technology Centre during Education Week activities and Grandparent's Day on Thursday 8th August. We will be holding a Book Fair in the Library to give grandparents (and parents) the opportunity to make a personal purchase or purchase a book and donate it in your child's/grandchild's name. Books donated by students will have their name on a plaque in the front and they will be able to be the first to borrow this book. Purchases can be made using cash or card. Thank you to the Harbour Bookshop Ulladulla for supplying the books for purchase. The Book Fair will commence at 11.00am and conclude at 1.15pm.

### Book Week 2019

#### *Reading is my secret power.*

Entries for the Shoalhaven Library Book Week Competition are available in the library. Students in K-2 can design a mask. Students in years 3-6 can create a comic book cover. Entries need to be completed and returned to either Milton or Ulladulla Library by Friday 16th August. Winners will be announced on Friday August 23rd.

## NSW Tennis Quarter Finals

On Friday August 2<sup>nd</sup>, the Milton PS tennis team consisting of, Thomas, William, Kolt, Maggie, Claire and Grace played in the NSW PSSA State Tennis knockout Quarter Finals against South Wagga PS. The tennis was of very high quality and Milton PS proved far too strong for their opponents winning 6 sets (40 games) to 2 sets (15 games). This means Milton now move into the State Semi Finals, which is played at Homebush, Sydney on the 26th August. If Milton are to win their Semi Final they will play in the Final on the same day. Congratulations to the tennis team and we wish them the best of luck for the remainder of the tournament. You have made Milton PS very proud!



### Class Councillors

Congratulations to our semester 2 class councillors who were inducted into the Student Representative Council (SRC) on Monday's whole school assembly. These students will meet each Friday to discuss any improvements that can be made to make MPS an even better school than it is. We thank them for their preparedness to give up their lunchtime once a week to make a difference for all students.



### Lions International Peace Poster Contest' 'Journey of Peace'

Due date: Week 6 Monday 26th August for internal judging. For AGES 11-13. This contest allows students to share their unique images of peace with others, so that we may all have greater tolerance and international understanding. There are also great prizes. Please see Mrs Clark in her room before school this week for contest rules and conditions.

### Year 5 Berry & Year 6 Canberra Camp

Students are already excited about their Term 3 Camp. The deposit and 3 instalments should now be paid. The final instalment of \$60:00 is due Friday 23rd August.



## CANTEEN ROSTER

Wednesday 7/8	Gen <b>Helper Needed</b>
Thursday 8/8	Open Day: Julian, Christian, Steph, Leah, Naomi, Peta, Jodie. <b>More Helpers would be appreciated</b>
Friday 9/8	Christian Cheryl Anthony
Monday 12/8	Steph <b>Helper Needed</b>
Tuesday 13/8	Josie <b>Helper Needed</b>



## Interschools Snowsports Championships

Congratulations to Charlotte, Madeline, Kyle, Lilly and Sophie for representing Milton Public School at the regional Ski Championships at Perisher last week. They performed beautifully and enjoyed every minute of it!



## District Athletics Carnival

Over 50 of Milton Public Schools finest athletes travelled down to beautiful Narooma to take part in the District Athletics last Friday. As per usual MPS students demonstrated outstanding sporting conduct and led the way not only in the results but in the standards they set for behaviour. Any outsider would have noticed that the Milton kids were either winning events, placing highly or just having a really good time supporting their mates. The school spirit they ooze brings a tear to the eye. Although the final carnival results have not been provided to us by officials, those who attended are quietly confident that Milton will claim multiple age champions as well as the carnival itself. Some noteworthy results included; First in the senior and junior girls relays, firsts in the 1500m and 800m events, firsts in high jump, long jump and the 100 and 200m events.

Let's just say we DOMINATED!

We should all be very proud of the performances of all those who attended and thank you to all those lovely parents who came down to support their kids.

Special thanks to Mr Barby, who was chained to a stop watch all day leading a pack of high school helpers and to Ms Harding, who ran the team while Mr King took it easy over at the high jump mats (some say he even managed a little lay down while on the job).

## Concert Band

The Year 3 & 4 band practice has been cancelled this week. Students will not need to bring instruments on Friday. Band will continue next week as normal.

## Scholastic Book Club

Orders for Scholastic Book Club issue 5 can be placed at school or online and need to be completed by 5:00pm on Wednesday 7th August.

## This week's special at the canteen



(New)  
**Ice Mony—Lemon**  
Iceblock

**\$1.00**

Available at lunch time only.

## Storyfest

Congratulations to Grace and Ivy for writing some highly entertaining and clever stories for the local Storyfest competition recently titled, 'Footsteps in the Sand'. Grace came third and Ivy gained honour roll recognition.



## War on Waste

Again, we would like to acknowledge the amazing work done by last week's Warriors. Their commitment, teamwork, dedication and enthusiasm are to be applauded. We would also like to acknowledge the work done by Callum, Kaitlyn and Lakeisha who just helped out when they realised it was needed.

This week's wonderful Warriors are:

**Staffroom:** Lily, Sienna, Ashleigh, Matilda and Alice.

**Compost:** Mia, Willow, Pearl, Brooklyn, Penny and Taz.

**Return and Earn:** Cassie, Bella, Alysha, Ella, Brookelyn and Matilda.

**Soft Plastic:** Ruby, Grace, Olivia, Mia, Knox, Maya, Taj, Khy and Charlie



## The Future of our Canteen

Our canteen is a busy place with hundreds of families buying recess and/or lunch on a regular basis. The school employs a canteen manager however we rely on 2-3 volunteers each day to help with the amount of work required to get lunches out on time.

No experience is necessary. You don't even need to handle the money side of things if you don't want to, we just need a bunch of happy, positive people who can lend a hand to keep the canteen operating. We will even supply you with lunch.

Is this you? Can you help? Please phone Bec our canteen manager through the school office (4455 1504) between 9:30am and 2:30pm school days, or fill-out the return slip included with this newsletter. Parents, grandparents and community members are all welcome.

## THE SCHOOL FETE PARENT HELPERS needed please.

We have ordered a beautiful, sunny day for this year's school fete which is set for FRIDAY 20th SEPTEMBER. So, put it in your diaries and make sure to tell your friends and families too. Everybody is welcome! The fete runs from 11:00am until 2:00pm and is an exciting day for all. Our aim is to raise funds to purchase great resources for the children of Milton Public School. In order for us to make our fete a successful fundraiser, we need the generous support of parents, caregivers, grandparents and volunteers to help run the stalls. Please note: Parents of Kindergarten children may be required to escort their child around the school on the day unless you have a kind grandparent or friend that may wish to help you out with your child. Some of the stalls we are having this year are:

- Cake Stall
- Chocolate Wheel
- Fairy Floss
- Home grown / Home-made craft & produce
- BBQ (people to cook sausages and to serve)
- International Food Court
- Plant stall
- Raffle
- Show Bags

We will also need people to help set up PRIOR to the fete (9:00am - 11:00am).

There will be some very exciting class stalls to be run by our fabulous teachers and students.

Finally, are you a gardener? Perhaps you would like to start potting some plants for our plants and produce stall. Do you have any free range eggs, homemade jams, crafts or chutneys you would like to donate for us to sell? All donations will be greatly appreciated!

If you are able to spare an hour (or more) at one of the P&C run stalls or you can help with set up prior to the fete starting, please complete the slip at the end of the newsletter and return it to the school.

Alternatively, you can email our P & C president Anita Barry: [anita.barry1@det.nsw.edu.au](mailto:anita.barry1@det.nsw.edu.au) or come along to our next P&C meeting.

### P& C Raffle News

We have started our major fundraiser for the year, the **Gold Coast Holiday Raffle**. We hope that as many families as possible can support this great fundraiser. All monies raised will assist in purchasing educational tools and supplies for our school.

You should have received a raffle book (one per family) with 20 tickets in it. Each ticket sells for \$2.00. Once sold, please return money and ticket stubs to the front office. Partially sold books should also be returned with their monies and unsold tickets. You can request more raffle ticket booklets at any time.

The raffle prize is for 5 nights staying at the Seaworld resort (4½ stars) for two (2) adults and two (2) children (0-12 years) and includes a \$1,000 Virgin Australia flight voucher. Also include is unlimited entry to the 4 major theme parks and a \$200 food and beverage credit at Seaworld.

Also on offer are the following incentive prizes, plus heaps of fabulous runner-up prizes.

#### BOOK SELLERS PRIZE

Each family who sells or purchases a complete book of raffle tickets will go into the draw to win a MP3 Player.

#### BEST SELLER PRIZE

The family who sells the most complete books of raffle tickets will receive a \$50 Ulladulla Toyworld voucher.

Thank you in advance for supporting our major fundraiser for the year, and Happy Fundraising!

Please remember to return your raffle tickets by **Friday 13th September**.

Milton Public School

#### MORE PRIZES

As always, there will be more opportunities to win other donated gifts and gift vouchers, so please purchase your tickets!

**Weekly Tip:**  
Helping your kids feel special.

### Weekly tip: Club Ethos

In July and August, our weekly tips aim to inspire and equip dads coaching kids in sport.

This week, we are taking a look at your child's clubs ethos;

A club ethos is simple and concise. It can be understood by players, parents and officials. It offers children of all ages and abilities to play in a safe and friendly environment.

#### **What is your child's clubs ethos?**

All junior sports clubs should have a purpose.

Consider the community around your club; develop young people over winning.

Ensure all players, parents and members understand what the purpose is.

Structure your training and game play around the purpose.

Ensure the players have a clear understanding of the approach and consistently communicate to them how their actions are going to impact this.

## COMMUNITY NEWS

The following articles have been submitted for inclusion in our parent newsletter and are not part of Milton Public School curriculum.

### A Naturopathic Approach to Children's Health Care

Please join us at Milton Family Medical Practice for the first in a series of educational seminars offered by Emma Povey, our resident Naturopath, Herbalist and Nutritionist.

- Learn how to keep your kids healthy with a wholesome, balanced diet
- Identify common nutritional deficiencies
- What foods to avoid
- Lunchbox ideas
- Tips for fussy eaters
- Immune and gut support

**Monday, 5 August / 7 - 8:30pm / Milton Family Medical Practice / \$15**

To book your place, please contact Emma on 0488 218 607 (note, **bookings are essential** as places are limited).

To learn more about Emma, you can visit her website at: [www.emmapoveynaturopath.com](http://www.emmapoveynaturopath.com)

Also keep an ear out for upcoming seminars hosted at Milton Family Medical Practice, which will cover pregnancy healthcare, pre-conception health care, understanding your hormones, gut health, stress support and much more.

### COME ALIVE FOR SOUTHERN STARS 2019

**COME ALIVE**, featuring 3000 public school students, will take place over four performances at the WIN Entertainment Centre in Wollongong on Friday August 23 (10am and 7.30pm) and Saturday August 24 (2pm and 7.30pm).

This year **COME ALIVE** features circus, the NSW Millennial Marching Band, 2000 dancers, a 600 strong choir, a full orchestra, our hugely popular boys vocal ensemble, the Aboriginal Dance Ensemble Yanggaa Garaba, and the amazing talents of the best featured student vocalists and performers in Southern NSW, and much, much more!

Remember to purchase your tickets **ONLY** through the registered ticket seller - Ticketmaster at: [www.ticketmaster.com.au](http://www.ticketmaster.com.au)



**Go4FUN**  
HEALTHY ACTIVE HAPPY KIDS

FREE 10-week program for children aged 7-13 years at Ulladulla Civic Centre

Come along for some family fun and learn about healthy eating for the whole family.

**Go4Fun includes:**

- Fun games for the children each week.
- Discussions with parents & carers about healthy eating.
- Lots of goodies including handballs, skipping ropes and recipe books.

Note: Child must attend with a parent or carer each week.

**JOIN IN THE FUN!**

When: Wednesdays in Term 3  
Starts week 1 (24 July)  
Time: 4pm - 6pm  
Where: Ulladulla Civic Centre

Visit [www.go4fun.com.au](http://www.go4fun.com.au) or call 1800 780 900 to register

NSW Health Illawarra Shoalhaven Local Health District

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**JUNIOR POETRY COMPETITION KANGAROO VALLEY FOLK FESTIVAL**

This year we are initiating a Junior Poetry Performer of the Year Competition

- Competitors must be 12 years old or under
- Poem can be original, contemporary, traditional, rhyming, free verse, rap, slam or hip hop
- Judging will be on entertainment value and audience engagement
- Winning performer will receive a trophy crafted from local timber by a local artisan, plus a \$40 book voucher
- Two highly commended performers will receive \$20 book vouchers

The competition will be held at 9:30am on Sunday 20th October as part of our normal Poets' Breakfast. Parents will be able to attend the Poets' Breakfast for \$10, if they don't wish to attend the rest of the festival

To enter, or for further info contact Allan on 0427660062 or stonybroke@icloud.com

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Get your tables of 10 ready and your baby sitters booked. Tickets are limited so book early!

Includes: 3 course meal, bar facilities, music, dancing, auctions plus prizes for the best dressed!

**Saturday 31<sup>st</sup> August 2019**  
Arrival 6:30pm, seated 7pm - 11:30pm  
Civic Centre  
81B Princes Hwy, Ulladulla  
Dress code: Hollywood Glamour (like you're going to the Oscars!)

\$120 per adult  
NB. This event is for adults aged 18yrs+ only.

Tickets on sale from 25<sup>th</sup> July  
[www.stickytickets.com.au](http://www.stickytickets.com.au)

Enquiries: Amanda 0451 131 150 (or) hollyburnsfoundation@gmail.com

You can find out more about VWM, Holly, and her struggles and triumphs dealing with this disease on her website or Facebook page (Hope-For-Holly-B).

www.hollyburnsfoundation.webs.com



## 2nd \$100 VOUCHER FOR CHILDREN'S SPORT AND RECREATION

Parents in NSW are now able to claim a 2<sup>nd</sup> \$100 towards extra-curricular sport and other physical activity fees thanks to the NSW Government's **Active Kids** program.

Active Kids will provide a **2nd \$100 voucher for parents to put towards sporting fees and registration costs for every school-aged child in NSW.**

Families will be able to use the voucher for registration and membership costs, as well as fees for activities such as swimming and dance.

The annual vouchers **are not be means tested** because the NSW Government wants every child from every family to get active and involved in community sport and fitness.

Parents are able to use each voucher to claim up to \$100 per school-child, per calendar year to reduce the cost of sport registration or membership of approved active recreation activities.

More details about the program and eligible sports is available at [www.sport.nsw.gov.au/activekids](http://www.sport.nsw.gov.au/activekids) or by phoning Service NSW on 137788

### Canteen Helper

Yes, I can help in the canteen now and again.

My name is ..... My number is .....

Days that suit are ..... The best time to call me is .....

Please return this note to the school office and we will pass it on to Bec. Thank you.

### Fete Helper

Name: ..... Contact phone number: .....

I am available to help out at the ..... stall, or any stall allocated to me.

I am available to help out at this time ..... or anytime I am required.

I understand that I will receive confirmation closer to the day. Please return this form to the office.



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3. Hormonal balance
4. Immune support & infections
5. Children's health



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**PEAK SPORTS AND LEARNING**  
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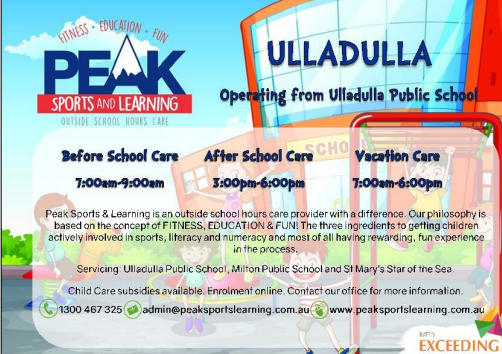
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